

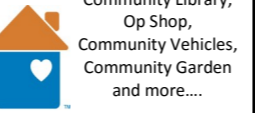

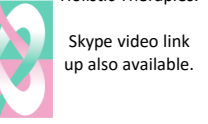
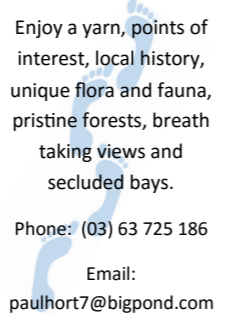




 <p>WHOLEFOODS PURPLE POSSUM CAFÉ - ESPRESSO</p> <p>Award Winning Wholefoods and Café Great Coffee, Tea in a Pot & Famous Rhubarb Cake</p> <p>5 Story Street, St Marys Phone: (03) 63 722 655</p> <p>www.purplepossum.com.au</p>	<p>ST MARYS HOTEL 48 Main Street, St Marys TAS 7215</p> <p>Phone: (03) 63 722 181</p>  <p>Family friendly, great meals and accommodation</p>	<p>THE COW SHED (AVOCA BERRY DELIGHTS)</p> <p>35 Falmouth Street Avoca TAS 7213</p> <p>Ice cream, waffles, hot coffee and pizza</p> 	<p>HAYSHED CAFÉ Talbot Street, Fingal TAS 7214 Phone: (03) 63 742 171</p> <p>Coffee and tea and bits to eat.</p> <p>Groceries, deli, fruit and veg, meats.</p> 	<p>ST MARYS BAKERY 52 Main Street, St Marys TAS 7215 Phone: (03) 63 722 131</p> <p>Greg and Evelyn McGee</p> <p><i>Open 7 Days</i></p> 	 <p>MT ELEPHANT FUDGE</p> <p>7 Story Street St Marys Phone: (03) 63 722 787</p> <p>Handmade Chocolates & Fudge made on premises.</p> <p>Sweet Treats of all Kinds!</p> <p>Excellent Coffee Scoop Ice-cream Gifts and much more!</p>	 <p>Tas Beer & BBQ</p> <p>11 Talbot Street, FINGAL TAS 7214 Phone: 0422 833 689</p> <p>Award Winning, Licensed BBQ restaurant</p> <p>Authentic wood fired BBQ cooked "low & slow"</p> <p>Open Friday 6-9pm, Saturday & Sunday from 11.30am - 2.30pm & 6-9pm</p>	<p>AVOCA ROADHOUSE Falmouth Street, Avoca, TAS 7213 Phone: (03) 63 842 157</p> <p>All Day Breakfast Well stocked supermarket Open 7 Days Eat in or Take Away</p>  <p>Mon to Fri - 6am til 7pm Saturday - 7am til 7.30pm Sunday - 7.30am til 7pm</p>	<p>COACH HOUSE RESTAURANT 34 Main Street St Marys TAS 7215 Phone: (03) 63 722 529</p> <p>Eat in or take-away Great Coffee Pizza's - all fresh ingredients.</p> 	<p>MT ELEPHANT PANCAKES Elephant Pass Road, Gray TAS 7215 Phone: (03) 63 722 263 Email: barerock@bigpond.com</p> <p>Located on the Elephant Pass - look for the elephant on the sign.</p> <p>Serving European-style savoury and sweet crepe-pancakes.</p> 	<p>THE BANK TEA HOUSE 26 Main Street, St Marys TAS 7215 Phone: (03) 63 722 567 www.amans-cave.com.au</p>  <p>At 'A Man's Cave Giftware and The Bank Tea House' we will take you back to a bygone era when good manners, smiles and service were of utmost importance.</p> <p>Dine in or take away food and drinks. Pets are always welcome!</p>
<p>ST MARYS SUPERMARKET Main Street, St Marys TAS 7215</p> <p>Phone: (03) 63 722 240</p> <p>Excellent variety of fresh vegetables and supermarket items.</p> 	<p>HAYSHED P/L T/A HOLDER BROTHERS Talbot Street, Fingal TAS 7214 Phone: (03) 63 742 171</p>  <p>Groceries & newspapers, hot pies, deli lines, fruit & veg, meats and hardware</p>	<p>HILLY'S IGA EXPRESS - ST MARYS 56 Main Street St Marys TAS 7215 Phone: (03) 63 511 997</p> <p>Fresh food, gourmet deli, cheese bar, fresh Tasmanian fish, fruit and vegies.</p> 	<p>MATHINNA COUNTRY CLUB</p> <p>Phone: (03) 63 771 164</p> <p>Beer, Wine & Spirits Hot & Cold Food Fuel Ice Eftpos Available Mon to Fri from 3pm til late Sat & Sun from 12pm til late</p> 	<p>FINGAL VALLEY NEIGHBOURHOOD HOUSE Talbot Street, Fingal TAS 7214 Phone: (03) 63 742 344</p> <p>Rooms for hire - Meetings and Social Functions, Tourist Information, Playgroup, Work Placements, Referrals to other agencies, NILS, Online Access Centre, Community Library, Op Shop, Community Vehicles, Community Garden and more....</p> 	<p>ST MARYS DISTRICT SCHOOL ASSOCIATION OP SHOP Main Street, St Marys TAS 7215</p> <p>Funds raised go towards projects at St Marys District School and the Fingal Campus. All goods are donated - some new and others are pre-loved. Clothing, bric-a-brac, toys and more (except electrical goods and large furniture)</p> <p>Contact Janet Drummond (Co-Ordinator) on 0404 562 320 for further information.</p>	<p>ST MARYS CRANKS & TINKERERS Esk Highway, St Marys TAS 7215 Located at the St Marys Railway Station</p> <p>Find us on Facebook https://www.facebook.com/stmarysclanksandtinkerers</p> 	<p>ROSSARDEN MUSEUM MINING HERITAGE AND TOWN HISTORY Schell Street, Rossarden TAS 7213</p> <p>Mining heritage and town history. Contact Marlene on (03) 63 852 188 or Mark on (03) 63852 091</p> 	<p>AVOCA MUSEUM AND INFORMATION CENTRE</p> <p>For more information, Contact Mary (03) 63 852 002 or Prue on (03) 63 842 119 gippscreek@skymesh.com.au</p> 	<p>GONE RUSTIC STUDIO + GALLERY 37 Main Street, St Marys TAS 7215</p> <p>eco fashion, textile art, jewellery, cards, exhibitions and workshops.</p> <p>www.gonerustic.com www.facebook.com/gonerusticstudio/gallery 03 6372 2724 or 0417 027 424</p> 	<p>FEED THE DRAGON 42 Main Street ST MARYS TAS 7215</p> <p>Phone: 0411 186 573</p> <p>Asian cuisine a speciality</p> 
<p>AVOCA POST OFFICE 8 Falmouth Street, Avoca TAS 7213 Phone: (03) 63 842 129</p> <p>General post office services, Eftpos facilities</p> 	<p>FINGAL POST OFFICE Talbot Street, Fingal TAS 7214 Phone: (03) 63 742 195</p> <p>For all your postal needs Gifts Visitor information Eftpos facilities</p> 	<p>ST MARYS POST OFFICE Main Street, St Marys TAS 7215 Phone: (03) 63 722 124</p> <p>All Major Banking Gifts & Tech Supplies</p> 	<p>ST MARYS NEWSAGENCY 3 Story Street ST MARYS TAS 7215 Phone: (03) 63 722 143</p> <p>Open 7 days Stationary, Phone Cards, Aurora PAYG</p> 	<p>ALADDIN'S CAVE Talbot Street, Fingal TAS 7214</p> <p>Second-hand furniture, videos, bric-a-brac, collectables. All manner of treasures from yester year.</p> <p>Ice creams, pies, pasties, tea & coffee available</p> 	<p>ANA'S HAIRDRESSING 46 Main Street, St Marys TAS 7215 Phone: 0448 532 531</p>  <p>Beauty & Waxing Hair Cuts & Fashion</p>	<p>ART2CREATE Main Street St Marys TAS 7215</p> <p>Open from Wednesday to Saturday, offering: Quilting fabric, wool, kits, patterns, haberdashery and panels.</p> <p>We have something for all of our crafty visitors, so call in for friendly service!</p> 	<p>ORPHIC ART2WEAR Main Street St Marys TAS 7215 Phone: 0458 582 895</p> <p>www.facebook.com/OrphicArt2Wear/</p> <p>We create amazing apparel combining fabrics and quality pre-loved materials to produce one-of-a-kind knitted items.</p>  <p>Call in and have a look!</p>	<p>Northern Vets CYCLING Club</p> <p>Brian Dabner</p> <p>Phone: (03) 63 834 834 Mobile: 0407 244 897 www.northvetscycling.com</p> 	<p>VOTEX HEALING CENTRE INC. 215 Dalmaine Road, Gray TAS 7215 Sue Christiansen ND Phone: 0418 515 419 vortexhealingcentre@gmail.com www.vortexhealingcentre.com</p> <p>Meditations and Spiritual Retreats.</p> <p>Labyrinth Walk, Silent Meditation Retreats, Quantum Energy Healing</p> <p>Open House 1st Sunday every month 2:30-4pm</p> 	<p>AVOCA HEALING CENTRE Marilyn Von Paleske ND</p> <p>Phone: (03) 63 842 366 Mobile: 0429 793 341</p> <p>Situated at the base of St Pauls Dome in the beautiful Fingal Valley. Accredited Naturopath with over 20 years in Natural and Holistic Therapies.</p>  <p>Skype video link up also available.</p>
<p>CALTEX - ST MARYS 41 Main Street, St Marys TAS 7215 Phone: (03) 63 722 335 Mobile: 0419 503 109</p> <p>Mechanical Repairs and servicing Open Monday to Friday and Saturday morning</p> 	<p>CALTEX - FINGAL Talbot Street, Fingal TAS 7214 Phone: (03) 63 742 124</p> <p>Motor mechanic and RACT Fuel, maintenance and repairs LPG Gas Bottles</p> 	<p>TASMANIAN HIKES</p> <p>info@tasmanianhikes.com.au www.tasmanianhikes.com.au</p> <p>Phone: 0400 882 742</p> 	<p>PAUL'S BOTANIC & SCENIC WALKS</p> <p>Enjoy a yarn, points of interest, local history, unique flora and fauna, pristine forests, breath taking views and secluded bays.</p> <p>Phone: (03) 63 725 186 Email: paulhort7@bigpond.com</p> 	<p>CAMP GROUNDS IN THE FINGAL VALLEY Avoca, Fingal and St Marys are Campervan and Motorhome Club of Australia RV Friendly Towns. Free camping is also available at Griffin Park and Evercreech White Gum Forest Reserve.</p> <p>AVOCA Located by the St Pauls River and South Esk River junction on Storys Creek Road, 50m from the Esk Highway. No facilities on site, but toilets are available at Boucher Park.</p>  <p>FINGAL Free camping at Fingal with dump point, toilets and showers, barbecue and playground. Located behind the new toilet block in Talbot Street, turn in at the visitor information board.</p>  <p>ST MARYS Located within walking distance to the centre of town, the campground provides free camping. Modern amenities block with hot showers \$2 for 3 minutes and regularly serviced.</p> 		 <p>The towns of Avoca, Royal George, Rossarden, Fingal, Mangana, Mathinna, Upper Esk, Cornwall and St Marys are situated in the Fingal Valley under Ben Lomond in NE Tasmania and beautiful farming land, mountains and forests.</p> <p>Greater Esk Tourism invites you to stop and enjoy an adventure in our beautiful valleys"</p>	<p>BREAK O'DAY WOODCRAFT GUILD & MEN'S SHED Esk Highway, St Marys TAS 7215 Phone: (03) 63 722 094</p> 	<p>PINGS PLACE 42 Main Street St Marys TAS 7215 Ph: 0411 186 573</p> <p>Chinese Herbal Clinic Chinese Herbal Acupuncture East Coast Tasmania</p> <p>Need to fix your back pain, body aches, insomnia, headache, hayfever, woman's health issues? See Dr Li at Ping's Place Asian groceries</p> 	<p>ST MARYS PHARMACY 44 Main Street St Marys TAS 7215</p> <p>Prescriptions, Health Products and Gifts.</p> <p>Open 9am to 5pm</p> 	
<p>ADDLESTONE HOUSE B&B Spotless 4 Star AAA Rating 19 Gray Road, St Marys TAS 7215</p>  <p>Phone: (03) 63 722 783 Mobile: 0412 425 666 addlestone@bigpond.com www.addlestonehouse.com.au</p>	<p>BLUE GUM LODGE Phone: 0423 523 057</p> <p>bluegumlodge@yahoo.com.au www.bluegumlodge.com.au</p>  <p>8 minutes from St Marys. A haven with peace and relaxation in mind.</p>	<p>ST PAULS RIVER CABINS Phone: (03) 63 842 211 dennis@stpaulsrivercabins.com www.stpaulsrivercabins.com</p> <p>Self contained cabins, 12km from Avoca in the heart of St Pauls Valley. Trout fishing for licenced anglers just meters from your verandah.</p> <p>Fresh farm eggs and fruits from our orchard when in season.</p> 	<p>LUMERA ECO CHALETs 182 Gillies Road, St Marys TAS 7215 Phone: (03) 63 722 606 relax@lumerachalets.com.au www.lumerachalets.com.au</p> <p>Comfortable solar-powered, self contained cabins with ocean panorama views.</p> 	<p>GIPPS CREEK DEER FARM</p>  <p>Experience an alternative self-sufficient lifestyle (no power bills!) Gipps Creek TAS 7213 Phone: (03) 63 852 002 gippscreek@skymesh.com.au</p>	<p>FINGAL FESTIVAL World Coal Shovelling Association Inc.</p> <p>For information, contact: Malcolm Woods Mobile: 0408 377 840 www.fingalvalleyfestival.com.au</p> 	<p>SEAVIEW FARM STAY 686 German Town Road St Marys TAS 7215 Phone: (03) 63 722 341 www.seaviewfarm.net julia.seaview@bigpond.com</p> <p>Rustic, but comfortable</p>  <p>No children under 12.</p>	<p>OAKDENE HERITAGE ACCOMMODATION 50 Main Street, St Marys TAS 7215 www.oakdenetasmania.com.au</p> <p>Relax and unwind in this c.1880 Heritage Listed Property.</p>  <p>Phone: (03) 63 722 882 Mobile: 0438 911 977 enquiries@oakdenetasmania.com.au</p>	<p>BEN LOMOND ALPINE HOTEL</p> <p>Email: info@benlomondalpinehotel.com.au www.benlomondalpinehotel.com.au Phone: (03) 63 906 199</p> <p>Fully licenced with restaurant meals in the evening and bistro/take away meals during the day. Open all year</p> 	<p>MARITON HOUSE 1 Irish Town Road St Marys TAS 7215 Phone: (03) 63 722 059</p> <p>Accommodation www.maritonhouse.com</p> 	<p>CRAGGY PEAKS 1410 Rossarden Road, Rossarden TAS 7213 Phone: (03) 63 852 032 Email: craggypeaks@gmail.com www.craggypeaks.com.au 15 fully self contained serviced units and one wheel chair friendly. Views of Stacks Bluff, walking tracks, fishing and mountain bike trails.</p> 