

# TINTINARA DISC GOLF COURSE

Disc golf is played like traditional golf, but with discs instead of balls and clubs. One throw (stroke) is counted each time the disc is thrown or whenever a penalty is incurred. The goal is to play each hole in the fewest strokes possible. The player with the lowest total strokes for the entire course wins.

## HOW TO PLAY

### 1. Tee pad throws

Begin each hole with a throw from the tee. The winner of previous hole throws first.

### 2. Fairway play

The following throws are from behind the lie of your disc. Furthest from pin throws first.

### 3. Putting

Putting from inside 10m of the basket, players are required to remain behind the lie of the disc until thrown disc comes to a rest.

### 4. Completion of a hole

The hole is complete when the disc comes to rest inside the chains or basket. (landing on top of basket does not count).

## OTHER RULES

### 5. Out of bounds / Hazards

Your disc is considered out of bounds if the entire disc is over the O.B line. Add a 1 stroke penalty and replay from the last place your disc was inbounds. If any part of your disc is still in bounds the disc is inbounds and a 1m relief inside the field of play is allowed. A Hazard applies in the same way but you play from the lie of your disc with a 1 stroke penalty added to your score.

### 6. Trees

If your disc lands in a tree your next shot is played from directly below with no penalties.










### 7. Mandatories

Mandatories are marked with an arrow which requires you to play to the left or right of an object. Failure to make the mandatory is a plus 1 stroke penalty and your next throw is from the marked drop zone.

Hole	1	2	3	4	5	6	7	8	9	Out
Length (m)	58	55	48	41	85	43	74	45	55	504
Par	3	3	3	3	3	3	3	3	3	27
10	11	12	13	14	15	16	17	18	In	Total
54	65	70	76	65	50	100	63	80	623	1127
3	3	3	3	3	3	3	3	3	27	54

## Safety

1. Do not throw your disc until the group ahead is clear.
2. Always give other park users the right of way.
3. Ensure the path is clear before throwing.
4. Remove all rubbish or place in the bins provided.
5. Respect the natural flora and fauna.

-  Tee Pads
-  Basket
-  Mandatory
-  Trees
-  Railway
-  Roads/Paths
-  Water
-  Out of Bounds
-  Buildings

