



# THE SANCTUARY

## 1. FOOT SPA

Geothermal water  
Heated seating  
Gentle bubbling jets  
Ambient music

## 2. AROMATHERAPY POOL

Geothermal water  
Varying temperature  
Diffused essential oil  
Floral garden surrounds  
Ambient music

## 3. WATERFALL

Geothermal water  
Varying temperature  
Heavy cascading waterfalls  
Natural light

## 4. PASSAGE

Geothermal water  
Varying temperature  
Wet walls  
Ambient music

## 5. ROCKPOOL 1 (HOTTEST)

Geothermal water  
Varying temperature  
Shallow bathing  
Waterfall

## 6. ROCKPOOL 2

Geothermal water  
Varying temperature  
Shallow bathing  
Waterfall

## 7. COLD PLUNGE

Freshwater - Shallow  
Varying temperature

## 8. REFLECTION BAY

Geothermal water  
Varying temperature  
Shallow water submersion  
Sky reflection  
Ambient music

## 9. RAINFOREST POOL

Geothermal water  
Steep rainforest shower  
Forest planting  
Inspired by the Otways  
Ambient music

## 10. HYDROTHERAPY POOL

Geothermal water  
Varying temperature  
Featuring 20 jets  
Foot Ledge

## 11. COLD PLUNGE

Freshwater - Deep  
Varying temperature

## 12. SENSORIAL CAVE 1

Geothermal water  
Varying temperature  
**Colour therapy:** Pink acts as a cleanser, strengthening the veins & arteries  
Waterfall  
Ambient music

## 13. SENSORIAL CAVE 2

Geothermal water  
Varying temperature  
**Colour therapy:** Yellow reactivates & purifies the skin.  
Starlight ceiling

## 14. SENSORIAL CAVE 3

Geothermal water  
Varying temperature  
**Colour therapy:** Purple relaxes the nerves and lymphatic system  
Starlight ceiling  
Waterfall & ravine  
Waterfall  
Ambient music

## 15. HIDDEN ROCK FALLS

Geothermal water  
Varying temperature  
Ambient music

## 16. MOONSTONE GARDEN

Basalt basking stones  
Garden surrounds  
Ambient music

## 17. NOURISH DOME

Healthy vegging & hydration  
Heated flooring

## 18. SALT ROOM

Booked separately  
10 Salt lounges  
Salt lined flooring  
Ambient music & lighting