

BIKE RENTAL - RETAIL - SERVICE - CLINICS

**All Terrain Cycles**  
Offers XC and DH mountain bike hire, tours, spares and repairs. Operates weekends from December to April, plus daily from 26 December to the end of January. Also operates Gravity OZ specialist clinics and camps. **Village Square Plaza, Mt Buller and High St, Mansfield.** Ph: 03 5775 2724

**Mt Stirling Café**  
Offers delicious home-made offerings, including savory bites and sweet treats. Operates most days from 5 December 2015 to April 2016. **Telephone Box Junction, Mt Stirling**

**Specialist MTB camps and clinics**  
A number of clinics, camps and ride weekends are run at Mt Buller over summer, and include specialist coaching from world class riders, accommodation, some meals and more. [MTBSkills.com.au](http://MTBSkills.com.au), Gravity OZ and Blue Dirt Mountain Biking run regular clinics and camps all season. **Visit [bike.mtbuller.com.au](http://bike.mtbuller.com.au) for a full listing.**

For all the latest on biking at Mt Buller and Mt Stirling, visit:  
**[bike.mtbuller.com.au](http://bike.mtbuller.com.au)**

MIRIMBAH BIKE SHUTTLE

A mountain bike shuttle operates from Mirimbah (at the base of Mt Buller and Mt Stirling) to both resorts on Fridays, Saturdays and Sundays from 31 October 2015 until 1 May 2016. Operated by the Mirimbah Store, the shuttle makes five runs to Mt Buller (9am, 11:30am, 1pm, 2:30pm and 4:30pm) and one run to Mt Stirling (10:15am) on Saturdays and Sundays. The shuttle costs \$20 for one run or \$50 for a day pass (access to all shuttles during the day). Friday shuttles are run only with bookings made by 2pm Thursdays. For further information and to book, phone 03 5777 5529 or email [enquiries@mirimbah.com.au](mailto:enquiries@mirimbah.com.au).

DOWNHILL MOUNTAIN BIKING

5 gravity trails start at Spurs, including 4 DH tracks and a flowdown trail. Full face helmets approved to Australian standards are compulsory for all DH riders (with the exception of Copperhead). Downhill trails at Mt Buller include extremely rough and rocky terrain. Specific downhill or freeride mountain bikes with front and rear suspension are recommended.

CONDUCT

The way we ride today shapes mountain bike trail access tomorrow. Keep trails open by setting a good example of environmentally sound and socially responsible off-road cycling. Do your part to preserve and enhance our sports access and image by observing the following rules.

1. Ride on open trails only - Respect trail and road closures (ask if uncertain).
2. Control your bicycle - Maintain a safe speed at all times and slow down for blind corners.
3. Leave no trace - Be sensitive to the dirt beneath you andpractise low-impact cycling. Wet and muddy trails are more vulnerable, so when the trail surface is soft consider other routes. Stay on existing trails and don't create new ones. Don't cut corners and avoid skidding as this damages trails and can lead to erosion.
4. Always give way to others - Other trail users have the same rights as you. Anticipate other trail users around corners or in blind spots. When you do come across other trail users let them know you're coming – a friendly greeting is considerate!
5. Respect animals - The resorts are home to a variety of native animals. Animals can be startled by an unannounced approach, sudden movement or a loud noise.
6. Plan ahead - Know your equipment, your ability, and the area in which you are riding and prepare accordingly. Be self-sufficient at all times, keep your equipment in good repair, and carry supplies for changes in weather. Always wear a helmet and appropriate safety gear.
7. Shared Trails - Mt Buller's trail network is shared by many other users, including hikers, trail runners and horse riders. Do your utmost to let your fellow trail users know you're coming – a friendly greeting or bell ring are good methods. Try to anticipate other trail users as you ride around corners. Use the IMBA shared trail icon as a guide, and be very cautious when overtaking horses, even dismounting to pass.

Adapted from The Rules of the Trail by the International Mountain Bicycling Association.

PUMP TRACK

Australia's first modular pump track – a man-made closed circuit featuring numerous bumps, jumps, and berms. Open during daylight hours from December- April, it's great for all levels, including beginners who want to practice balance, learn new skills and improve confidence. The pump track is located in the Village next to the base of the Blue Bullet Chairlift.



DATES, TIMES & COSTS

Downhill trails are open 10am–4pm daily from 5 December until the end of April.

All riders using the DH trails must have a valid chairlift or shuttle pass (depending on the time of season):

Chairlift

Trails are serviced by the Northside Express Chairlift from 26 December- 26 January. The Chairlift operates from 10am–4pm and costs \$65 for a day pass, \$105 for 2 days, \$155 for 3 days and \$260 for a Chairlift season pass. Sightseer passes are \$20 for adults and \$15 for children, or \$50 for a family pass (2 adults & up to 3 kids). Under 5s and over 70s ride free. Tickets are available from the lift operator.

Shuttle

Outside of the chairlift operating period, a shuttle is operated by Blue Dirt Mountain Biking. Shuttles operate on weekends, 9am–4pm from 5–20 December then 30 January – May 1. The bike shuttle costs \$50 for a day pass, \$90 for 2 days, or \$400 for a shuttle season pass (50 ride days). Call 0409 161 903 to book.

2015–16 MAP Home of EPIC BIKING



CROSS–COUNTRY

Cross-country trails are available free of charge to riders and are suitable for conventional mountain bikes. They consist of a variety of terrain that may incorporate challenging technical features or obstacles. The trails are multi-use, so please ride appropriately and be courteous to other trail users. Trails open December – April.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
EASY SKILLS TRAIL*			100m		Mostly flat.	Low endurance, medium technical skill.
FAMILY TRAIL <sup>V</sup>			3km	30 mins	Gentle upwards and downwards slopes.	Low endurance, low technical skill.
ONE TREE HILL <sup>V</sup>			630m	10 mins	Initial switchbacks gently climbing, then a descent through some easy berms.	Medium endurance, low technical skill.
PICNIC TRAIL*			450m	5 mins	Gentle climb on single trail.	Medium endurance, low technical skill.
SOUL REVIVAL <sup>V</sup>			450m	5 mins	Gentle climb finishing with a switchback.	Low endurance, low technical skill.
BOX CORNER LINK*			700m	15 mins	Mostly flat.	Low endurance, low technical skill.
CLANCY'S RUN*			2km	10 mins	Wide fire trail, to narrow single track descending down through some switchbacks.	Medium endurance, medium technical skill.
CORNHILL TRAIL*			1km	25 mins	Moderate climb on narrow single track with some switchbacks.	Medium endurance, medium technical skill.
DELATITE RIVER TRAIL*			12km	45 mins – 2 hours	Remote descending trail. Moderately challenging, wide descending trail with river crossings.	Medium endurance, medium technical skill.
GANG GANGS <sup>V</sup>			1.4km	25 mins	Narrow singletrack finishing off with a gradient change into a short steeper descent to finish at Skills Parks.	Medium endurance, medium technical skill.
INTERMEDIATE SKILLS TRAIL*			150m		Mostly flat.	Low endurance, medium technical skill.
MEDUSA*			750m	10 – 30 mins (ability dependent)	Wide fire trail, to moderate climb on narrow single track with multiple switchbacks.	Medium endurance, medium technical skill.
MISTY TWIST*			2.6km	50 mins	Moderate downhill and uphill riding on premium single track.	Medium endurance, medium technical skill.
PLOUGH SHED ENTRY*			2.7km	5 – 20 mins (ability dependent)	Moderate descent on wide fire trail.	Low endurance, medium technical skill.
RIVER SPUR*			2.5km	45 mins	Moderately challenging upward slope.	Medium endurance, medium technical skill.
SKYLINE <sup>V</sup>			931m	20 mins	Moderate climbing through a number of switch backs.	Medium endurance, medium technical skill.
SNOWGUMS <sup>V</sup>			1.1km	20 mins	Moderate climbing through a number of switch backs.	Medium endurance, low technical skill.
SPLIT ROCK <sup>V</sup>			900m	20 mins	Moderate to steep climbing through a number of switch backs and boardwalks.	Medium endurance, medium technical skill.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
TRIGGER HAPPY*			2.2km	45 mins – 1.5 hours	Moderate ascent on narrow single track.	High endurance, medium technical skill.
WOMBAT*			430m	5 mins	Narrow single track, with some technical rock sections.	Low endurance, medium technical skill.
WOODY'S TRAIL*			1.2km	5-10 mins (ability dependent)	Descending, rough fire road.	Medium endurance, medium technical skill.
WOOLYBUTT*			1.7km	25 mins	Moderate downhill and uphill sections on fire trail and single track.	Medium endurance, medium technical skill.
AUSTRALIAN ALPINE EPIC*			40km	4 – 7 hours (ability dependent) The trail can be ridden in sections, with multiple entry points.	Long distance alpine trail that includes singletrack and fire trail sections. Moderately challenging slopes, with every high country trail experience encompassed!	Trail in entirety is physically demanding, requiring medium technical skill and a high level of endurance.
KLINGSPORN BRIDLE TRAIL*			8km	30 mins	Remote descending trail. A long difficult, steep single track with plenty of technical sections before opening to a wide fire trail towards the end.	High endurance, high technical skill.
STONEFLY*			10km	1 – 2 hours	Loop trail that climbs for 6km, then descends for 4km. Generally, the gradients are moderate, but there are some short steep sections.	High endurance, high technical skill.

GRAVITY

Trails begin at Spurs, and are marked with signs detailing degree of difficulty, length and elevation loss. Read the sign at the start of each track for specific trail information. Obey trail closures. Full face helmets are required on all gravity tracks with the exception of Copperhead.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
HOME TRAIL			2.5km (from Village Centre)	20 mins	Moderate/Undulating	Low endurance, low technical skill.
ABOM DOWNHILL			2.2km		Moderate	Medium endurance, medium technical skill.
COPPERHEAD <sup>V</sup>			2.5km	5 – 20 mins (ability dependent)	Descending flow down trail on single track, average gradient of 5%, maximum gradient of 15%, incorporating multiple bermed corners. Includes some sections on fire roads but the surface is capped in most areas.	Medium endurance, medium technical skill.
OUTLAW EXPRESS			1km (joins International (optional) at Yellow Post)		Moderate / Undulating	Medium endurance, high technical skill.
YELLOW POST			1km to Dam Run (joins International (optional))		Moderate	Medium endurance, high technical skill.
INTERNATIONAL			2km		Steep	High endurance, High technical skill.

LEGEND

- <sup>V</sup> Accessible – Village-based track  
\* Remote Tracks – supplies (food, water, first aid kit & spare bike parts) and mobile phone must be carried and intention forms recommended.

- Easy  
■ Intermediate  
◆ Advanced

SAFETY

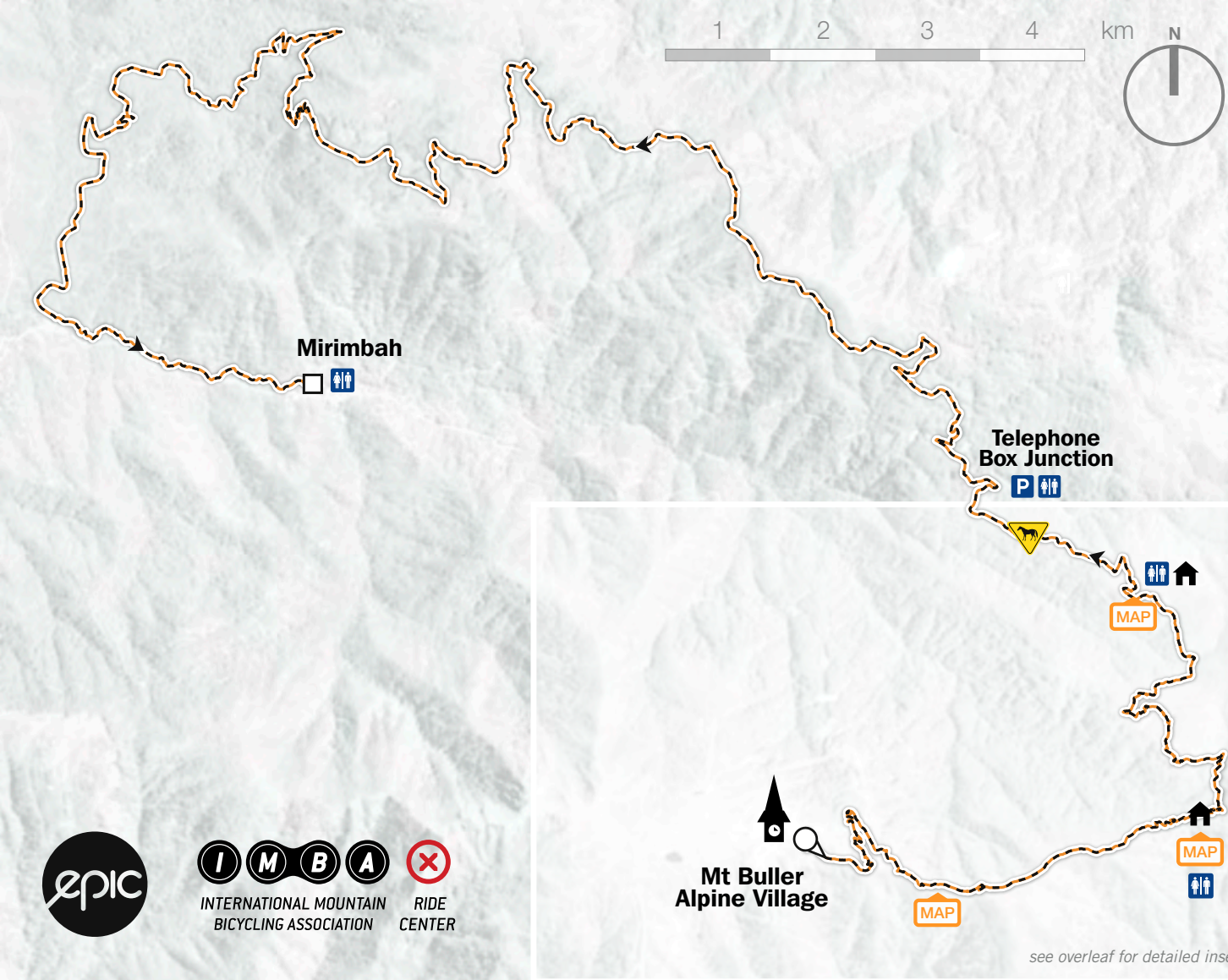
Emergency Marker  
Call 000 and quote  
**MTB 001**

Mountain biking can be hazardous. Trails may include unmarked obstacles and hazards such as sticks, rocks, logs, trees, steep inclines, drop-offs and loose surfaces. Riders attempting these tracks do so at their own risk.

Mt Buller is an alpine environment and conditions can change quickly, with sub-zero temperatures and even snow occurring in summer - check the weather forecast and come prepared. First aid is available during downhill trail operating hours - notify the nearest staff member and tell them the nature of the injury and your location. In case of emergency on cross-country/ wilderness trails, phone 000 and quote the number on the nearest trail marker (example above) to the operator so they are able to locate you. You can also phone Resort Management on 03 5777 6077, which is able to reach emergency services on your behalf (8:30am–5pm weekdays & 10am–4pm weekends).

Mobile phone coverage (particularly Telstra) is fairly good throughout the Resort, and it is advised that you carry a mobile phone. This brochure is intended as a guide only.

The trails shown are graded according to their difficulty. Choose a trail that matches your fitness, ability and equipment and ride within your limits.



AUSTRALIAN ALPINE EPIC TRAIL

The Australian Alpine Epic Trail is the first IMBA accredited Epic trail in the Southern Hemisphere, offering a 40km ride that descends over 1,600 metres from the top of Mt Buller (one of the most popular alpine resorts in the country) down into the surrounding valley. Tough and exhilarating, it takes riders on a truly unique journey travelling through snowgum woodlands that exist nowhere else in the world, to treeless alpine summits, dropping off into cool ferny glades surrounded by granite monoliths, and finishing alongside a crystal clear mountain stream. **Grab a copy of the Australian Alpine Epic Trail map from Alpine Central.**



